



K-8 HEALTH STANDARDS

Join the Village

MOCSTC Conference 2026

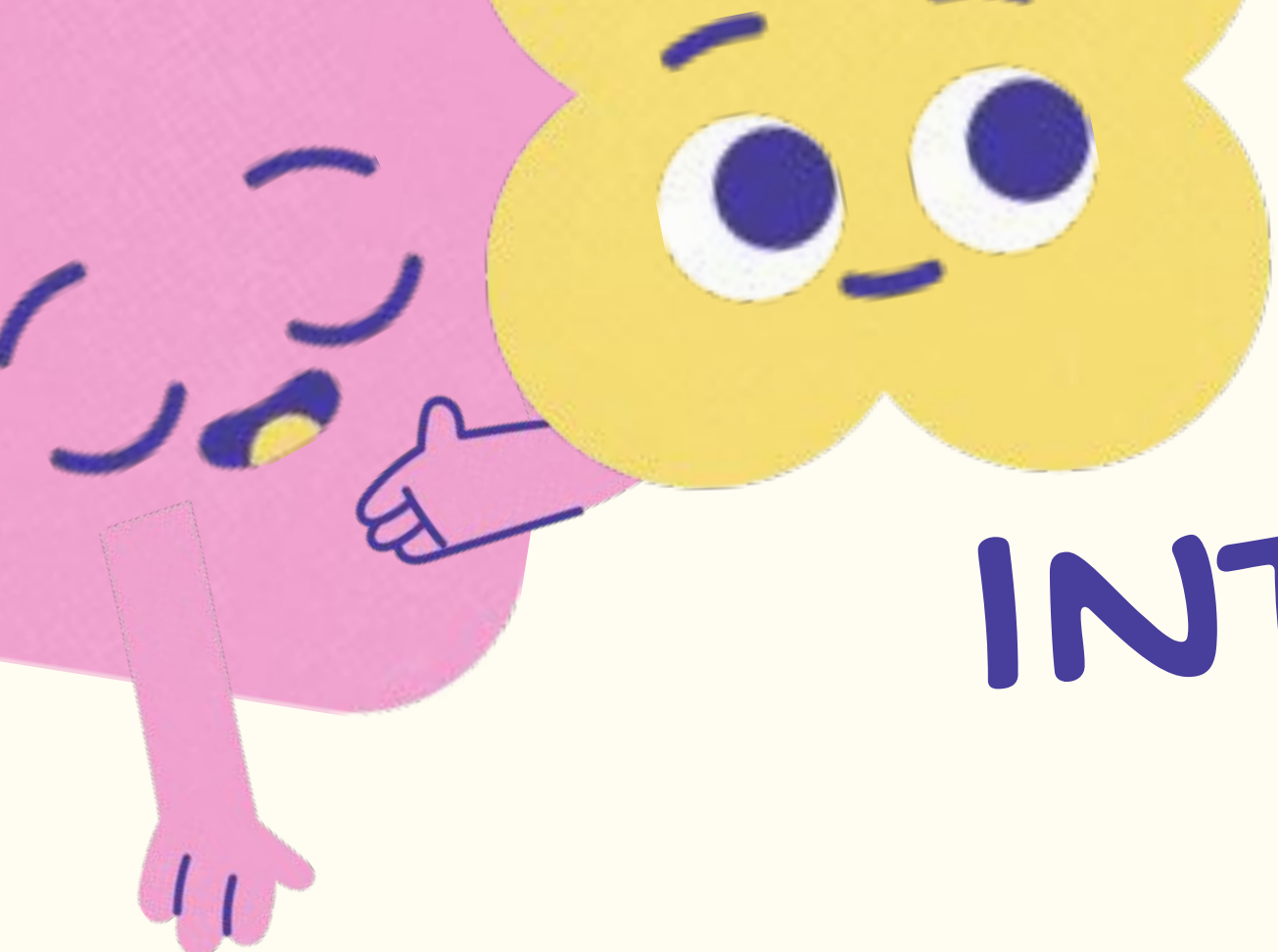
Dr. Kim Goforth & Dr. Sally Schulte



OUR FOCUS

- 1 Welcome!
- 2 SBHE History
- 3 The Present
- 4 The Future: Advocacy
- 5 Takes a Village
- 6 Q&A



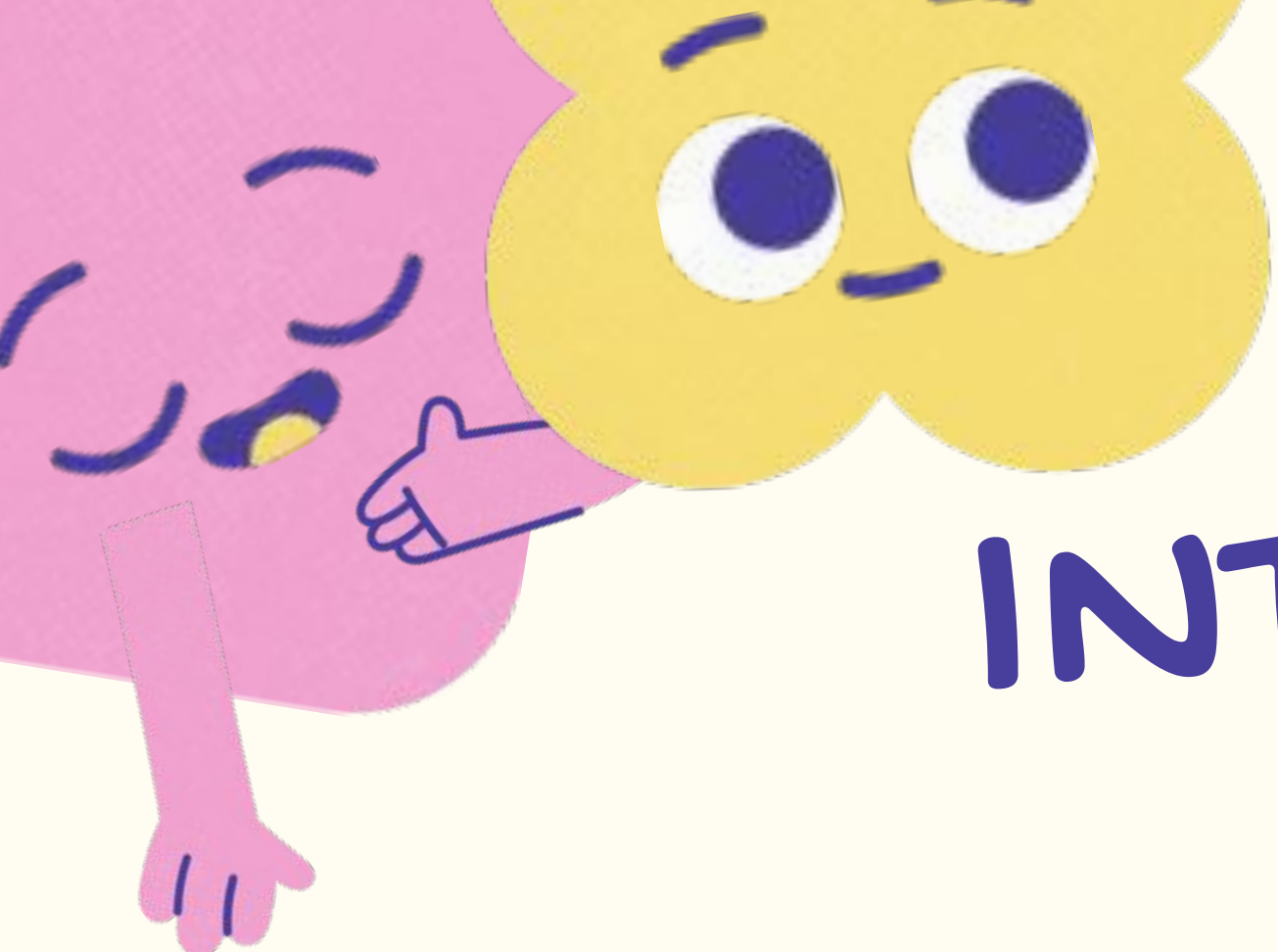


INTRODUCTION

A VILLAGE

(educational perspective)





INTRODUCTION

~Welcome!

~Who's here: "As if...!" Activity





Nurse
Public Health
Social worker
Health or PE Teacher
Administrator (District or Building Level)
Counselor or Mental Health Professional or Behavior Specialist
Vendor
Other



History of

~"Health Education" ^{Early Years (guesses?)}
(SB)HE

~K-12 Health Education BLE's (2007)

~COVID (2020)

~SBHE and MO Healthy Schools (2021-2022)

~Silo Presentation @ MOCSTC (2022? 23?)

History of

SBHE and MO Healthy Schools (2021-2022)



NHES Standard 4 - Interpersonal Communication 8.18.21

72 views • 4 years ago



NHES Standard 5 - Decision Making 8.18.21

53 views • 4 years ago



NHES Standard 6 - Goal Setting 8.18.21

57 views • 4 years ago



NHES Standard 7 - Self Management 8.18.21

30 views • 4 years ago



NHES Standard 8 - Advocacy for Self and Others 8.18.21

31 views • 4 years ago



Instructional Strategies for Teaching Health Skills - Movement (Part 6) 8.18.21

36 views • 4 years ago



Instructional Strategies for Teaching Health Skills - Cooperative Learning (Part 5) 8.18.21

83 views • 4 years ago



Instructional Strategies for Teaching Health Skills - Role Play (Part 4) 8.18.21

36 views • 4 years ago

MO SBHE: THE Recent PAST

9-12 SBHE

Legislative Mandate-[HB447](#)

Writing Team 23-24 (HECAT/WSCC)

Adopted 6/11/24

[Admin Memo](#) August 5, 2024

In Year "2"

K-8 SBHE

4/2/24: The Need and The Ask

11/15/24: K-8 Task Force @MOSTAPE

Feb 2025: Feedback Form & Zoom

Feb 2025: Counseling Standards 

2/26/25; 8:54am: Done and Sent

5/12/25; 7:05am: Email Re:
Presentation Postponed

PATIENCE

6/3/25: State School Board
Presentation

State School Board [Meetings](#)
and [Agendas](#)

7/24/25: Changes at DESE

Fall 2025: Emailfest



THE PRESENT

- Still Being Patient
- Nov 2025 Learning
- Jan 2026 New MHS Rep
- Feb/This Monday's Phone Call/Email: Travis Plume
- Advocating Our Why with Our Village



Our Village Why

1. No vertical support for 9-12 Health Education (160.527)

2. 2007 Crusty Standards:

a. 2010: HPV (167.182)

b. 2015: Human Sexuality (170.015)

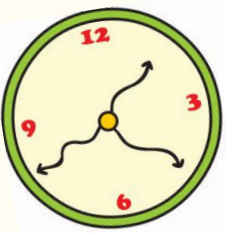
c. 2017: Trauma-Informed Schools (170.307?)

d. 2018 and 2021 Youth Suicide Prevention and Awareness (170.048/170.307?)

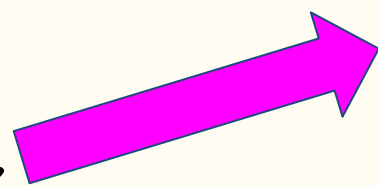
e. 2020: Sexual Abuse Prevention Curriculum Framework (160.2100)

f. September 2025: School-Based MH Framework (170.307?)

Skills!



Anything else
happen in 2020?





THE FUTURE Needs this Village

- The Village Students
- Advocacy from each avenue
- 2026-2027 will Be Our Year!
- Group Effort: Advocacy



ADVOCACY

IN YOUR CLASSROOMS

Shift to SBTE NOW!

Get Vertical

MSIP and Mandates

Talk Standards with Students

Talk Data with Students

IN YOUR BUILDING

Partner with our SBTE Allies

Leadership Team Presentations

Unions

Parent Groups and Meetings

Administrator Awareness

IN YOUR DISTRICT

BoE Presentations

Break Down Silos

Community Reach

Leadership Awareness

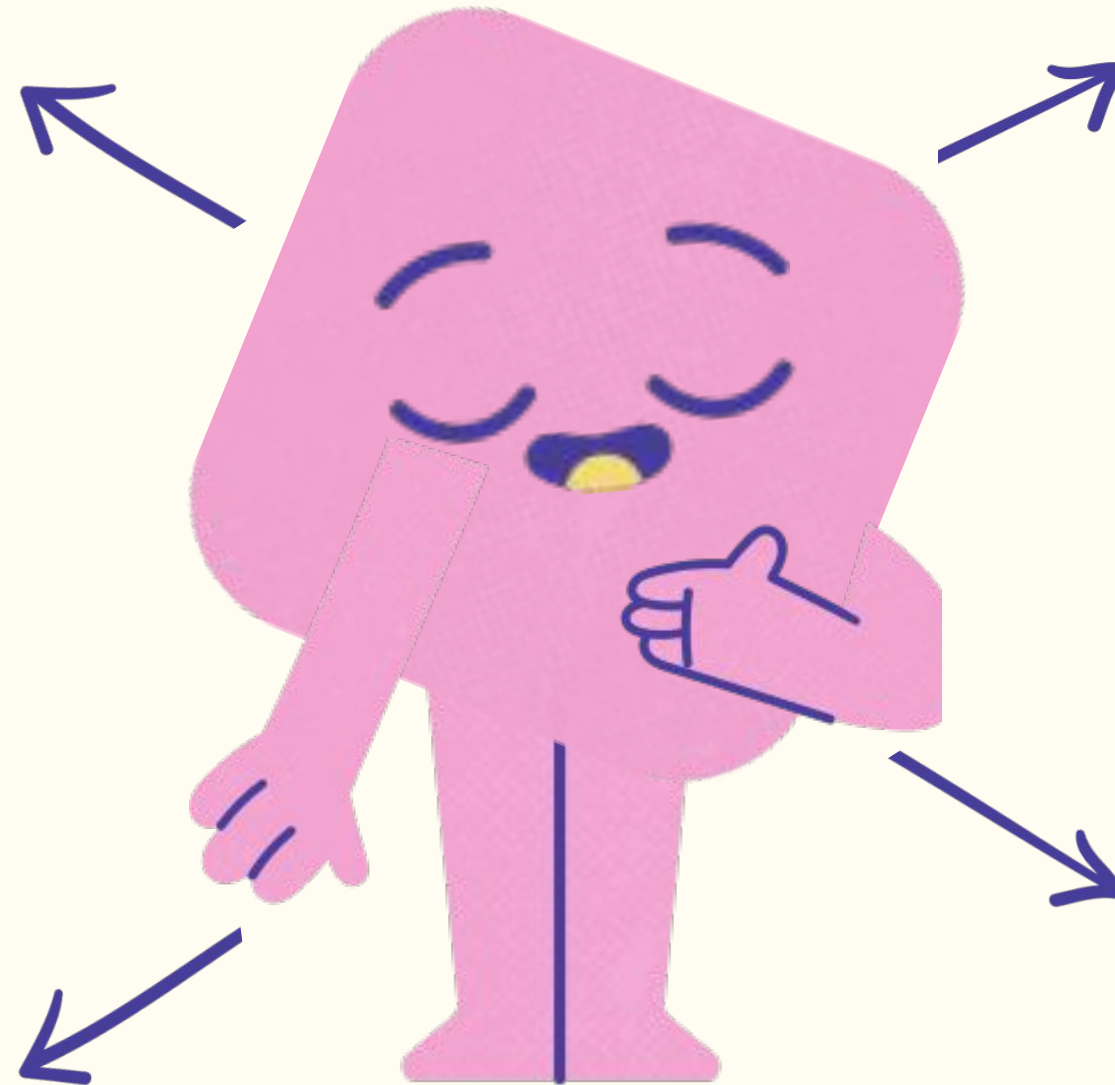
STATE LEVEL

Email [State BoE](#)

Email DESE Contacts

Present and Engage

Communications (MH EX)



How Can You
Help?

DESE CONTACTS

Division of Learning Services

CONTINUOUS IMPROVEMENT SYSTEM

THEORY OF ACTION:

Improved student
learning for every
student in every school.



Leadership

Collaborative
Climate
and
Culture

Effective
Teaching
and
Learning

Data-
Based
Decision
Making

Alignment
of Standards,
Curriculum and
Assessment

The division offices include:

- **Quality Schools** - Lisa Sireno, Assistant Commissioner, 573-751-4234
- **College and Career Readiness** - Travis Plume, Assistant Commissioner, 573-751-0682
- **Special Education** - Mark Wheatley, Assistant Commissioner, 573-751-5739
- **Educator Quality** - Paul Katnik, Assistant Commissioner, 573-751-2931
- **Adult Learning and Rehabilitative Services** - Chris Clause, Assistant Commissioner, 573-526-7034
- **Data System Management** - Vacant, Chief Data Officer, 573-533-8310
- **Childhood** - Deidre Anderson-Barbee, Assistant Commissioner, 573-522-8762

Contact Information:

Kelli Jones, Deputy Commissioner

Brette Frank, Executive Assistant

Phone: 573-751-4446

Email: deputylearningservices@dese.mo.gov ✉

Mailing Address:

Division of Learning Services

Department of Elementary and Secondary Education

P.O. Box 480

Jefferson City, MO 65102-0480



DESE CONTACTS

Chrissy Bashore, Director of School Counseling
chrissy.bashore@dese.mo.gov

Travis Plume, Assistant Commissioner
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Lisa Dierking, School-Based Mental Health
lisa.dierking@dese.mo.gov

Jennifer Hunter, Director of MOHealthy Schools
jennifer.hunter@dese.mo.gov

All Nursing Under MO Healthy Schools

Dept of MH/Division of Behavioral Health



Fancy People

Who are the people in your neighborhood?



click on Bob



Work Time

Prizes!

Dear Representative **[Last Name]**,

My name is **[Your Name]**, and I serve as a **[Your Role: e.g., Health Educator, Athletic Director, School Administrator]** at **[School/District Name]**.

I am writing to respectfully and urgently request your support in placing the revised **K-8 Health Standards** onto the agenda for the State Board of Education (BOE) in the very near future.

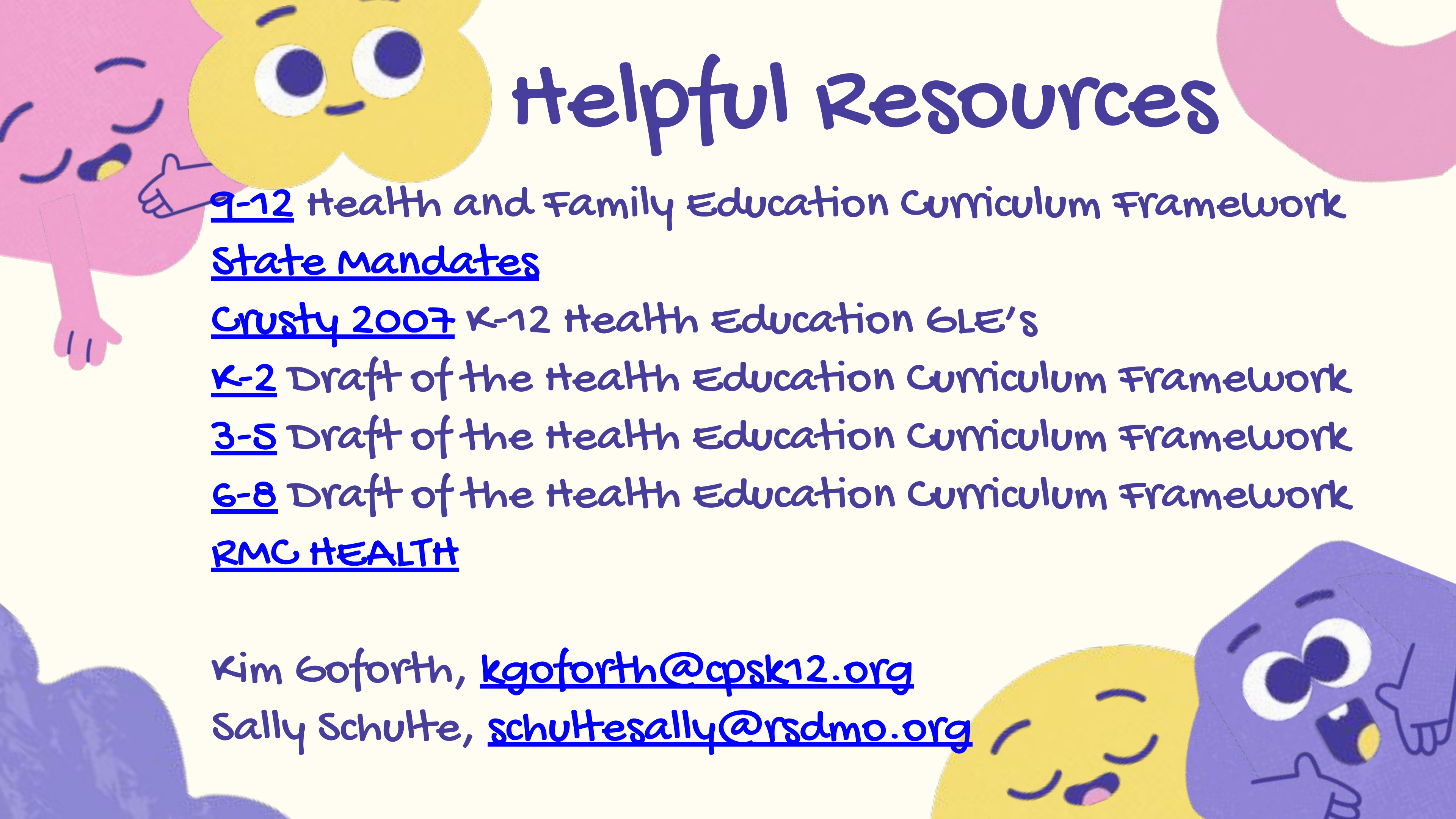
The current disparity in our standards is creating a significant and detrimental gap in our students' education:

- The **9-12 Health Standards** were recently approved and implemented in 2024.
- The **K-8 standards** currently in use date back to **2007**.

This 17-year difference prevents the necessary **vertical alignment** required for a successful transition to a **skills-based health education model** statewide. Without updated K-8 standards, our educators lack the foundational framework needed to prepare students effectively for the new high school curriculum.

Thank you for your consideration of this critical educational infrastructure issue. I look forward to any assistance you can provide in moving this forward.

Sincerely,



Helpful Resources

[9-12 Health and Family Education Curriculum Framework](#)
[State Mandates](#)

[Crusty 2007 K-12 Health Education GLE's](#)

[K-2 Draft of the Health Education Curriculum Framework](#)

[3-5 Draft of the Health Education Curriculum Framework](#)

[6-8 Draft of the Health Education Curriculum Framework](#)

[RMC HEALTH](#)

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Sally Schulte, schultesally@rsdmo.org



THANK YOU SO MUCH



Kim and Sally

